



Booking Form and Payment details for Workshops in Qigong



INTRODUCTION TO HEALTH-PROMOTING QIGONG:

Saturday & Sunday 2 & 3 June 2018

10.00 to 4.30

€200*

***Earlybird:** Only **€170** for the whole weekend if paid for in full by 18th May 2018.

A two day introduction to **Qián Tài Qìgōng** 潜态 气功. This is a system of Health-promoting and Medical Qigong designed by and taught to us by our Professors and Qigong Masters in China. The Workshop is held in our centrally-located College in Dublin 3.

Suitable for people who:

- have never done any Qigong before and want to learn some simple, basic and effective exercises to improve their relaxation, concentration, health and general well-being.
- already practise some form of Qigong (or related discipline) and may wish, in the future, to learn more of the theoretical foundation of Medical or Health-promoting Qigong and extend the range of Qigong exercises they can use in their own personal Qigong practice.
- are students or practitioners of Acupuncture or other forms of TCM and are thinking of embarking on the study and practice of **Medical** Qigong. NOTE: We do NOT offer courses on how to teach Qigong exercises to other people - this is not the meaning of "Medical Qigong".

Open to all adults – no interview required. Places must be booked and paid for in advance (see below).



FURTHER SKILLS QIGONG WEEKEND:

Saturday and Sunday

To Be arranged

9.00 to 4.00

€250

By Invitation: suitable students who have attended an Introductory Qigong Workshop are invited to attend a Further Skills Weekend or to gain credits towards a Certificate in Qigong or Medical Qigong. (Please request details of the Cert course if interested).

All bookings must be received by 18 May 2018.



Medical Qigong & Health Promoting Qigong Workshops

Name:

Postal Address:

Tel. No (and email address):

I wish to attend the next Introductory Qigong weekend

I wish to attend the next Further Skills Qigong weekend



"Make Qigong part of your life".

Bookings can be made by post, email or telephone.

Full payment must be received in advance. Bank Transfer is the preferred payment method.

Email your booking form to the Qigong Teacher who will forward the Bank details.

Payment can also be made (by post) by cheque, postal order or bank draft, made payable to the **ICTCM**, to be received 2 weeks before the Workshop Weekend.

Refund of course fees will only be made in the unlikely event of course cancellation.

It is essential to reserve a place by sending in your form as places are strictly limited.

Booking by phone:

Phone or text

087 955 2139

By email:

Contact the Qigong Teacher on:-

info@ictcm.ie

**Please return booking forms & payments to the email address above or by post to:
The Qigong Office, ICTCM, ICTCM House, Merchants Road, DUBLIN 3**